

FOR IMMEDIATE RELEASE



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**Family Health Symposium 2011 is
Presented by the National Coalition of 100 Black Women, Inc.,
Bergen/Passaic Chapter (NCBW 100) & The Bergen County, NJ Chapter of The Links Inc.**

Teaneck, New Jersey, October 16, 2011 – On Saturday, November 5, 2011, ***The National Coalition of 100 Black Women, Inc., Bergen/Passaic Chapter (NCBW 100) and The Bergen County, NJ Chapter of The Links Inc.*** will host, ***“Family Health Symposium”*** at the Hilton Hasbrouck Heights, 650 Terrace Avenue, Hasbrouck Heights, N. J. 07604; 8:30 a.m. - 3:00 p.m.

After months of planning and powerful collaborative efforts the two organizations are ready to roll out another life enhancing and impactful day filled with key health information and resources.

Dr. Janet Taylor, Physician and Health Media Expert will be the morning keynote speaker. The luncheon keynote speaker will be **Brenda Blackmon**, Anchorwoman of **My9 News**.

The family health symposium will include the following workshops: **Ask the Pharmacist, Dad’s in Charge of Nutrition, Lupus Disease, Keeping Your Mental Health in Check, Silent Killers..Heart Disease/Diabetes** and a special **health program for girls and boys** (ages 6-12).

The day will be highlighted with a host of health screenings such as: Blood pressure, Cholesterol, Diabetes, BMI and HIV/AIDS (strictly confidential) screenings with immediate results!

All are welcomed to attend this **FREE** event; an RSVP is **required** as space is limited. There will be a **free** healthy breakfast and lunch for all attendees. Parents of children between the ages of 6 and 12 are encouraged to attend with their children.

If you would like to attend this program please contact NCBW 100 at (201) 287-9600 or visit the chapter’s website at: www.ncbwbergenpassaic.org for more information. You may also visit The Bergen County, NJ Chapter of The Links, Inc. website at: www.bergenlinks.org or call 1 (800) 436-7343 for additional information.

The National Coalition of 100 Black Women, Inc., Bergen/Passaic Chapter is a 501(c)(3) tax-exempt, non-partisan network of women committed to sharing, promoting, and helping others achieve success; and support various programs and projects in the areas of health, arts & culture, economic development, public awareness, mentoring, and education. The membership includes a very diverse group of innovative, strategic, and dedicated women serving the counties of Bergen and Passaic New Jersey.

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