



# FAMILY HEALTH SYMPOSIUM

**FREE access to preventive health information, screenings and nutrition resources for the whole family.**



Morning Keynote Speaker  
**Dr. Janet Taylor**  
“Physician and Health Media Expert”



Luncheon Keynote Speaker  
**Brenda Blackmon**  
“Anchorwoman, My9 News”

## Saturday, November 5, 2011

8:30am – 3:00pm

**Hilton Hasbrouck Heights**

650 Terrace Avenue

Hasbrouck Heights, NJ 07604

### Workshops

- Ask the Pharmacist
- Dad’s in Charge of Nutrition
- Lupus Disease
- Keeping Your Mental Health in Check
- Silent Killers...Heart Disease/Diabetes
- Special program for girls and boys ages 6-12

### Highlights

Health Screenings:

**Blood Pressure, Cholesterol, Diabetes, BMI, HIV/AIDS**

**Colgate Van - Free Dental Checkups**

**Free Healthy Breakfast and Lunch**



*Sponsored by:*  
**National Coalition of 100 Black Women, Inc. Bergen/Passaic Chapter  
and The Bergen County, NJ Chapter of the The Links, Inc.**



RSVP for more info 201-287-9600